

DAY 7: NEHEMIAH 1:4-11

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2. _____
3. _____
4. _____
5. _____

Nehemiah's response to the news of his people's peril is to pray. This Sunday Pastor David will dive into this prayer and use it to instruct our lives. But what can you gain from it right now? Use your five questions to think carefully through Nehemiah's plea and then use his prayer to inspire your own.

WEEKLY PRACTICES

Here's a list of actions that, while not guaranteeing anything, are helpful to the Christian life and to living our lives on mission. Not rules, but healthy habits.

- Worshipped with my church (or another church if out of town)
- Participated fully in my Small Group
- Asked a probing question of my Triad
- Invited someone out to breakfast, coffee, lunch, or dinner to further a friendship
- Went on a date with my spouse or babysat for someone else's date
- Initiated a spiritual conversation
- Led a family worship time at home
- Memorized a key verse

EXPLORE THE BIBLE



DAILY PRACTICES

Starting Prayer

1. Thank God for allowing you to talk with Him
2. Ask for understanding in reading & applying His Word

Questions to ask as you read

1. What did I learn about God (or the main person)?
2. What did I learn about myself?
3. What steps do I need to take?
4. How do I need to pray based on this passage?
5. Who in my life needs to hear these truths from me?

Continuing Prayer

1. Praise, confess, and request based on the passage
2. Pray for the needs of your family, friends, and city
3. Ask for God to change your life to match His will

DAY 1: NEHEMIAH 1:1-4

Ezra and Nehemiah can be difficult because the authors assume their audience will know the backstory and the importance of the places in which these books are set. This video can help you make sense of how these stories fit into The Story.

www.thebibleproject.com/explore/Ezra-Nehemiah

1. _____

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Which weekly practice will I do today? _____

DAY 6: NEHEMIAH 1:1-4

From the beautiful start God gave Adam and Eve, through the fall of mankind into sin, to the promises God gave to Abraham, and to how King David led his kingdom into national prosperity.

With that perspective in mind you'll read today's passage and begin to feel just how far they've fallen.

1. _____

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Which weekly practice will I do today? _____

DAY 5: 1 CHRONICLES 29:26-30

King David was called by God “the man after God’s own heart”. His kingship is a picture of the coming Messiah even though he fell short so many times.

Today’s passage is a summary of David’s life. Think through verse 28 in particular and what it meant for Israel to have a king like that.

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5. _____

Which weekly practice will I do today? _____

DAY 2: GENESIS 1:1, 26-31

As we begin studying Nehemiah’s story we want to understand how it fits into God’s Big Story. Today’s passage is essential for how we view God, the world, and ourselves.

Genesis 1:26-27 are incredibly important if we’re to understand ourselves or why God loves us.

1. _____

2. _____

3. _____

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Which weekly practice will I do today? _____

DAY 3: GENESIS 3

We read yesterday that God created mankind in His image. Are Nehemiah's people experiencing that perfection? Are their neighbors kind, loving, and cooperating in God's mission to steward the world?

No. Nehemiah's people are experiencing very different results. Today's passage explains where that suffering, and all of our problems, originated.

1. _____

2. _____

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Which weekly practice will I do today? _____

DAY 4: GENESIS 12:1-3

Here's is where the people of Israel begin. Abraham is an important figure in God's Big Story and is the national father of Nehemiah and his friends.

Israel has even experienced being a great nation. It seemed like the promises were coming true. And now Nehemiah's people are scattered and broken.

1. _____

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Which weekly practice will I do today? _____
